



Good Nutrition #2013s (see page 44)

Managing Your Weight #2118s (see page 46)

These educational and handy guides are great for the huge growing Spanish-speaking segment!

Spanish Pocket Slider Interactive slide chart

250	500	1,000	2,500	5,000
\$.69	.66	.62	.57	.51

Set Up: \$35(G). Product Size: 3-3/4" x 8-1/2". Imprint: 2-1/4" x 1-1/8". Production: 10 days. See imprint colors on page 62.

For individual title description, please see English versions on prior pages.

The Census Bureau projects that by the year 2050 there will be 132.8 million Hispanic individuals, comprising 30 percent of the U.S. population.



Fitness and Exercise #2012s (see page 49)



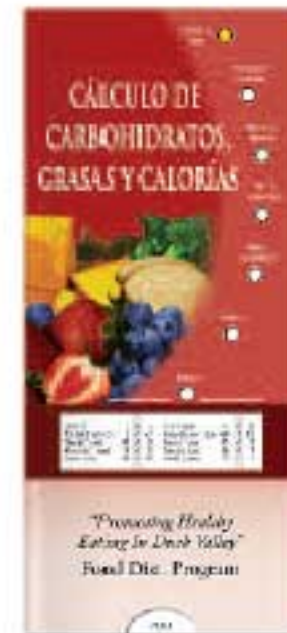
Staying Healthy with Diabetes #2017s (see page 24)



Workplace Safety #2027s (see page 37)



Smoking & Tobacco #2122s (see page 47)



Calculating Carbs #2033s (see page 44)



Controlling Your Cholesterol #2105s (see page 23)



Women's Health #2026s (see page 12)



Breast Cancer Awareness #2002s (see page 11)



Blood Pressure #2041s (see page 21)



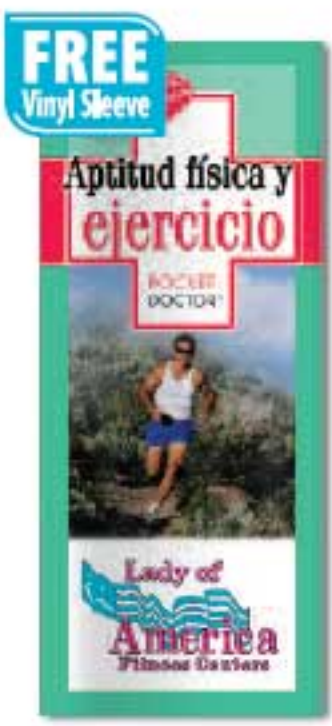
Fast Foods #2032s (see page 45)



Healthy Heart #2015s (see page 22)



Good Nutrition #3007s (see page 44)



Fitness & Exercise #3008s (see page 49)



Women's Health #3005s (see page 12)



Expecting Mom #3004s (see page 15)



Healthy Baby #3003s (see page 15)

Spanish Pocket Doctor

24-page accordion fold with clear vinyl sleeve

250	500	1,000	2,500	
\$1.53	1.40	1.31	1.19	4c

Set Up: \$35(G). Product Size: 3" x 7-1/2".
Imprint: 2-1/4" x 1-1/8". Production: 10 days.
See imprint colors on page 62.

For individual title description, please see English versions on prior pages.



Spanish Med-Tracker
24-page full color

250	500	1,000	2,500	5,000
\$1.09	1.02	.98	.92	.84 5c

Set Up: \$35(G). Product Size: 3-7/16" x 2-1/2"
Imprint: 2-1/16" x 1-1/8". Production: 10 days.
See imprint colors on page 62.



Med-Tracker Record Keeper #4501s (see page 10)



Blood Pressure Key Point #7005s (see page 20)



Spanish Key Point
Folds to credit-card size

Blood Pressure - Understand your blood pressure and it's easier to control it. Plus tips and record keeping section.

300	500	1,000	2,500	5,000
\$.47	.36	.33	.30	.28 5c

Set Up: \$35(G). Product Size: 2-1/8" x 3-3/8"
Imprint: 2-1/2" x 1-3/8". Production: 10 days.
Key Points ship flat. See imprint colors on page 62.



Eat Healthy #CB1005s (see page CB5)



Sample pages



EMTs and Emergencies #CB1141s (see page CB6)



Fitness is Fun #CB1008s (see page CB6)



NO to Drugs #CB1007s (see page CB5)



Visit to the Pharmacy #CB1003s (see page CB4)

Coloring & Activity Books
16-page of FUN!

250	500	1,000	2,500	5,000
\$.62	.57	.54	.48	.46 5c

Set Up: \$35(G). Product Size: 8" x 10-1/2"
Imprint: 5" x 1-1/2". Production: 10 days.
See imprint colors on page 62.



Healthy Body #CB1044s (see page CB5)



NO Smoking #CB1016s (see page CB5)