



Front cover imprint

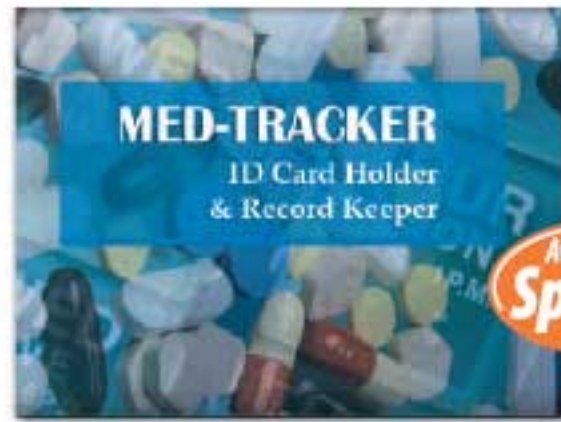


#4504 Planner
16-page full color

Blood Sugar Journal - A must have for any diabetic. Record your blood sugars throughout the day - whether at home or on the go.

250	500	1,000	2,500	5,000
\$1.09	1.02	.98	.92	.84 SC

Set Up: \$35(G). Product Size: 3-7/16" x 2-1/2"
Imprint: 2-1/16" x 1-1/8". Production: 10 days.
See imprint colors on page 62.



Available in Spanish
See Pg.59



Back cover imprint

#4501 Planner
24-page full color
Available in Spanish

Med-Tracker - Keep your important healthcare and insurance cards together along with other health information.

250	500	1,000	2,500	5,000
\$1.09	1.02	.98	.92	.84 SC

Set Up: \$35(G). Product Size: 3-7/16" x 2-1/2"
Imprint: 2-1/16" x 1-1/8". Production: 10 days.
See imprint colors on page 62.



Back cover imprint

#4503 Planner
24-page full color

Women's Health Planner - Everything you need to keep track of your important medical information, insurance ID cards and medication records.

250	500	1,000	2,500	5,000
\$1.09	1.02	.98	.92	.84 SC

Set Up: \$35(G). Product Size: 3-7/16" x 2-1/2"
Imprint: 2-1/16" x 1-1/8". Production: 10 days.
See imprint colors on page 62.



NEW

#9560 Better Book
36-page health organizer & guide

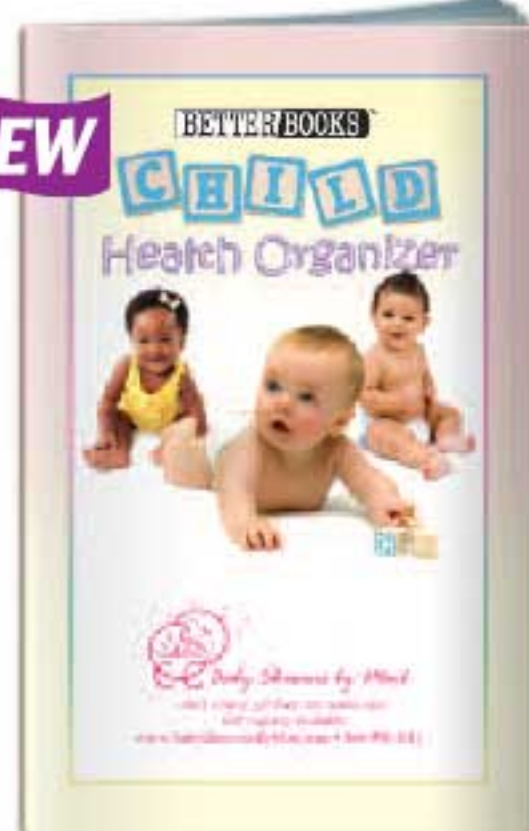
Health Organizer & Med-Tracker - Keep track of your medications, their dosage and schedule as well as other important medical information in this full-size book.

250	500	1,000	2,500	5,000
\$1.19	1.14	1.09	.99	.94 SC

Clear Vinyl Book Cover: Add \$.25(G) each.
Set Up: \$35(G). Product Size: 3-3/4" x 6"
Imprint: 2-1/4" x 1-1/8". Production: 10 days.
See imprint colors on page 62.



Sample pages



NEW

#9559 Better Book
36-page health and growth record keeper

Child Health Organizer - Keep all your children's health records organized in this handy book. Includes chart for shots and immunizations, well care check-ups and more.

250	500	1,000	2,500	5,000
\$1.19	1.14	1.09	.99	.94 SC

Clear Vinyl Book Cover: Add \$.25(G) each.
Set Up: \$35(G). Product Size: 3-3/4" x 6"
Imprint: 2-1/4" x 1-1/8". Production: 10 days.
See imprint colors on page 62.



NEW

#9558 Better Book
36-page health organizer & guide

Women's Health Organizer - This booklet provides a convenient place to organize all your important health records.

250	500	1,000	2,500	5,000
\$1.19	1.14	1.09	.99	.94 SC

Clear Vinyl Book Cover: Add \$.25(G) each.
Set Up: \$35(G). Product Size: 3-3/4" x 6"
Imprint: 2-1/4" x 1-1/8". Production: 10 days.
See imprint colors on page 62.